

Journal of Science and Cycling

Breakthroughs in Cycling and Triathlon Sciences



Special number: World Congress of Cycling Science 2015, 1/2 July 2015, Utrecht

Editors: Mikel Zabala (PhD)
Greg Atkinson (PhD)



Science & Cycling
1 & 2 July 2015, Utrecht



OPEN ACCESS

www.jsc-journal.com

Estimation of Handgrip Position Based on Force Measurement During Steady Pedaling

Yusuke Tamura¹✉, Kojiro Matsushita, and Hisashi Osumi

Abstract

There have been many studies on pedaling skills (Bini et al., 2013) to improve cycling efficiency. Riding position of upper body as well as leg motion is very important for cycling because it has a substantial impact on air resistance and physical fatigue (Burke & Pruitt, 2003). Although camera-based motion capture systems are the most popular solution to measure riders' position during cycling, they limit the range of motion and cannot be applied to actual outdoor cycling.

In this study, we aim for developing a bike-mountable position estimation system. For this purpose, as a first step, we propose a method for estimation of handgrip position based on the force measurement during steady pedaling.

Wattbike Trainer (Wattbike Ltd.) was used for our prototype system. A 6-axis force/torque sensor (BFS067XS102EU6S, Leptrino) was installed at an ahead-stem to measure the forces and torques loaded on the handlebar. According to the preliminary experiments, three parameters— F_x , F_y , F_z —were chosen for the estimation. The proposed system classifies the observed data into three classes corresponding to the positions of handgrip, such as drops, hoods, and tops (Fig. 1) based on the SVM (Support Vector Machine) (Cortes & Vapnik, 1995), which is one of the most powerful machine learning techniques

Experiments were conducted to verify the effectiveness of the proposed method. Four amateur male cyclists (mean 45.5 years old) participated in the experiments. The experiments consist of two phases, such as a learning phase and a test phase. To construct an SVM classifier, 60 seconds learning data for each handgrip position was collected at 100Hz for each participant in the learning phase. In the test phase, participants changed their handgrip positions every 30 seconds and steadily pedaled 6 minutes in total. Based on the individually learned SVM classifier, the system estimated the handgrip position at each sampling time. In both phases, the pedaling load and cadence were set according to each participant's preference. Table 1 shows a confusion matrix of the experimental results. The proposed method achieves both high precision and recall. According to the experimental results, the proposed method can estimate the handgrip position with high reliability during steady pedaling.

For future works, we will apply our system and estimation method to normal road bikes and develop a method to estimate positions of cyclists' upper body.

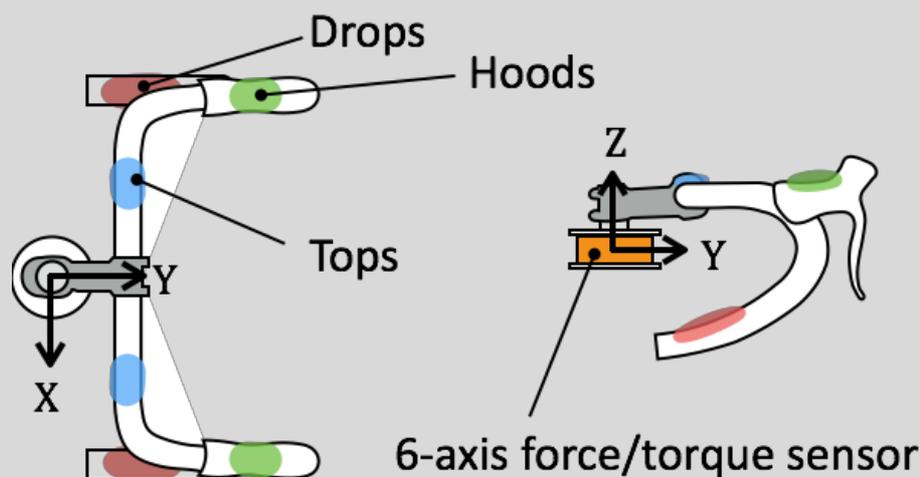


Figure 1: Handgrip positions

Table 1. Confusion matrix

		Estimated handgrip position				Recall (%)
		Drops	Hoods	Tops	Release	
True handgrip position	Drops	40980	79	6974	0	85.3
	Hoods	0	48107	151	0	99.7
	Tops	4	11	475630	0	100.0
	Release	18	96	575	496	41.9
Precision (%)		99.9	99.6	86.1	100.0	

✉ **Contact email:** tamura@mech.chuo-u.ac.jp
(Y. Tamura)

[†] The University of Tokyo, Department of Precision Engineering